

Read all about the medicinal powers of our products here.



All claims made here are based on thousands of years of use as a natural medicine in Asian countries and prescribed by certified doctors and specialists. There are also many (Asian) studies that confirm the effects. The products included here are also listed in the Chinese herbal encyclopedia and are considered to be the most powerful mushrooms and algae.

However, in Europe and the USA we are not allowed to make these claims. This is prohibited by regulators, who have mainly assigned health claims to synthetic products from pharmaceutical manufacturers. Therefore, please also read our [international disclaimer](#).

Name Natural Product	Properties
<p>Ganoderma lucidum</p> <p>Known in various Asian countries as Lingzhi, Reishi (Japan) and Youngzhi (Korea). With the following meanings: Spiritual potential, divine mushroom and mushroom of immortality.</p>	<p>Strong antioxidant effect, anti-inflammatory and immune-boosting effects, supports healthy blood sugar levels, improves insulin sensitivity, helps against obesity, increases white blood cell production, inhibits viruses, supports cancer prevention and recovery (prostate, breasts, colon), supports internal organs, strong detox, improves memory, increases vitality, supports HIV control, has anti-aging effects, has anti-stress effects, improves sleep, libido and blood circulation, improves heart health, good against fatigue, supports hair growth.</p> 
<p>Spirulina platensis</p> <p>DXN laboratory research shows that Spirulina and Ganoderma are 100% complementary to each other. That is why the combination of these two products is seen as the ultimate health mix.</p>	<p>Detoxifies heavy metals in your body, high anti-inflammatory effects, reduces stress, supports good blood sugar levels, contains many essential fatty acids, packed with vitamins (A, C, E, K and B complex) and minerals (including calcium, chromium, phosphorus, iron, potassium, copper, magnesium, selenium and zinc), strengthens the immune system, very rich in proteins and almost the entire spectrum of amino acids, good for healthy blood pressure, support for anemia, stimulates digestion.</p> 
<p>Hericum erinaceus</p> <p>Better known as Lion's Mane. Also used in cooking, tastes sweet with flavor references to crab and lobster. Ideally suited for brain and nerve health.</p>	<p>Stimulates growth and recovery of nerve cells, supports recovery after brain trauma, positive effect on dementia, strengthens the functioning of essential intestinal bacteria, strengthens stomach tissue, relieves anxious feelings and depression, reduces stress, improves your focus and mood, anti-aging effects, improves the skin, promotes the ability to concentrate and learn, stimulates the immune system, helps reduce the risk of tumors, spiritual properties, helps prevent the risk of heart disease, good against high blood pressure, protects the kidneys and liver, reduces the risk of stomach ulcers.</p> 
<p>Cordyceps sinensis</p> <p>This special mushroom is suitable for top athletes, people who are often under pressure and for people with typical age-related complaints.</p>	<p>Improves endurance, strong anti-aging properties, helps tackle diabetes-2, helps reduce the risk of tumors, promotes cell energy, oxygen absorption, stimulates blood circulation (in all organs), dilates blood vessels, inhibits platelet clotting, strengthens libido, strengthens fertility, strengthens learning and memory, helps the elderly with cold intolerance, dizziness and tinnitus, rheumatic complaints and flu sensitivity.</p> 